



Shipton Mill Organic Flour White No4 16kg

Product Images



Additional Information

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| Brand | Shipton Mill |
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Storage

| | |
|-------------|---------|
| Temperature | Ambient |
|-------------|---------|

Ingredients

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|-------------|---|
| Ingredients | Organic white WHEAT flour, fortified with calcium carbonate, nicotinamide, iron, thiamine |
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Allergens

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|-----------|-----|
| Celery | No |
| Gluten | Yes |
| Crustacea | No |
| Eggs | No |
| Fish | No |
| Lupin | No |
| Milk | No |
| Molluscs | No |
| Mustard | No |
| Nuts | No |
| Peanuts | No |
| Sesame | No |
| Soya | No |
| Sulphites | No |

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|--------------------------------|-----|
| Approved for a Halal | Yes |
| Approved for a Kosher Diet | No |
| Suitable for Coeliacs | No |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan | Yes |
| Suitable for a Vegetarian | Yes |

Nutritional Information

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|-------------------------------------|----------|
| Carbs per 100g (g) | 79 g |
| Carbs of which Sugars per 100g (g) | 0.5 g |
| Fat per 100g (g) | 1.2 g |
| Fat of which Saturates per 100g (g) | 0.3 g |
| Fibre per 100g | 3.3 g |
| Energy per 100g (kcal) | 353 kcal |
| Energy per 100g (kJ) | 1504 kJ |
| Protein per 100g (g) | 11 g |
| Salt per 100g (g) | 0.01 g |

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels or contact us to receive the latest information. This does not affect your statutory rights.

Dietary Information